

Week 5		2nd October	Allergens	Week 6	Week 6	9th October	Allergens
<b>Monday</b>	Main	Chicken & vegetable cobbler	2,4,6,7,13	<b>Monday</b>	Main	Ham & cheese pasta	2,4,6,7
	Vegetarian	Quorn & vegetable pie			Vegetarian	Vegetable pasta bake	
	Accompaniments	New potatoes			Accompaniments	Mixed salad	
	Dessert	Fruit salad			Dessert	Fruit pancakes	
<b>Tuesday</b>	Main	Savoury mince	2,7	<b>Tuesday</b>	Main	Sweet & sour chicken & rice	2,6,13
	Vegetarian	Quorn mince			Vegetarian	Quorn chilli & rice	
	Accompaniments	Herby wedges & sweetcorn			Accompaniments	Sweetcorn	
	Dessert	Angel whip			Dessert	Fruit fool	
<b>Wednesday</b>	Main	Roast chicken	2,4,6,7	<b>Wednesday</b>	Main	Roast beef	2,4,6,7
	Vegetarian	Cheese flan			Vegetarian	Cauliflower cheese	
	Accompaniments	Yorkshire pudding, roast potatoes, carrots & cabbage			Accompaniments	Yorkshire pudding, roast potatoes, peas & carrots	
	Dessert	Yoghurt			Dessert	Yoghurt	
<b>Thursday</b>	Main	Jacket potato	2,4,6,7	<b>Thursday</b>	Main	Jacket potato	2,6
	Accompaniments	Cheese, tuna, beans or coleslaw			Accompaniments	Sweet chilli, cheese, tuna or beans	
	Dessert	Fruit pancakes			Dessert	Fruit sponge	
<b>Friday</b>	Main	Double fish finger	4,6,7	<b>Friday</b>	Main	Fish nuggets	2,4,6,7
	Vegetarian	Vegetable nuggets			Vegetarian	Vegetable nuggets	
	Accompaniments	Chips & beans			Accompaniments	Chips & beans	
	Dessert	Fruit or Yoghurt			Dessert	Fruit or Yoghurt	
<b>Week 7</b>		<b>16th October</b>	Allergens	<p>Lots of parents like to keep a copy of their child(rens) menu to enable them to keep track of the meals they have ordered, so please feel free to keep this menu for your reference!</p> <p>Simply make your choices from the menu and tick the corresponding meat, vegetarian, jacket potato, pasta or grab and go option for each day and return the form to the office. Don't forget name and class.</p>			
<b>Monday</b>	Main	Chicken in white sauce	2,4,6,7,9				
	Vegetarian	Spicy quorn chicken & rice					
	Accompaniments	Cucumber & carrot batons					
	Dessert	Angel whip					
<b>Tuesday</b>	Main	Sausage casserole	2,6,7				
	Vegetarian	Quorn sausage casserole					
	Accompaniments	New potatoes					
	Dessert	Shortbread					
<b>Wednesday</b>	Main	Roast chicken	2,4,6,7				
	Vegetarian	Cheese & broccoli flan					
	Accompaniments	Yorkshire pudding, roast potatoes & carrots					
	Dessert	Yoghurt					
<b>Thursday</b>	Main	Jacket potato	2,4,6,7				
	Accompaniments	Cheese, beans OR tuna					
	Dessert	Doughnuts					
<b>Friday</b>	Main	Fish fingers	2,4,6,7				
	Vegetarian	Vegetable fritters					
	Accompaniments	Chips & beans					
	Dessert	Fruit or Yoghurt					

